

Lenten Devotions 2021

*Adoration  
of the  
Blessed  
Sacrament*



## Introduction

℣ The kingdom of God is near at hand.  
℟ *Come let us adore him.*  
℣ How precious, O God, is your constant love.  
℟ *We find protection in the shadow of your wings.*

## Invitation to prayer and praise

℣ Come, let us worship the Lord\*  
℟ *who calls us to change our hearts and minds.*

O come, let us sing to the Lord;  
let us make a joyful noise  
to the rock of our salvation!  
Let us come into his presence  
with thanksgiving;  
let us make a joyful noise to him with songs of praise!

Come, let us worship the Lord  
who calls us to change our hearts and minds.

For the Lord is a great God,  
and a great King above all gods.  
In his hand are the depths of the earth;  
the heights of the mountains are his also.  
The sea is his, for he made it,  
and the dry land, which his hands have formed.

Come, let us worship the Lord  
who calls us to change our hearts and minds.

O come, let us worship and bow down,  
let us kneel before the Lord, our Maker!  
For he is our God,  
and we are the people of his pasture,  
and the sheep of his hand.  
O that today you would listen to his voice!

**Ant:** Come, let us worship the Lord  
who calls us to change our hearts and minds.

## Psalm prayer

Let us pray:  
By Christ our teacher, O God,  
You invite us to repentance-  
to a change of mind and heart.  
By the grace and gift of your Saviour,  
transform our life  
and submit is to your holy will  
that we may be your faithful servants  
in thought, word and deed;  
through the same Christ our Lord.  
Amen.

## Hymn

Now let us all with one accord,  
in company with ages past,  
keep vigil with our heavenly Lord  
in his temptation and his fast.

The covenant so long revealed  
to those of faith in former time,  
Christ by his own example sealed,  
the Lord of love, in love sublime.

Your love, O Christ, our sinful race  
has not returned, but falsified;  
author of mercy, turn your face  
and grant repentance for our pride.

Remember, Christ, though frail we be,  
in your own image were we made;  
help us, lest in anxiety,  
we cause your Name to be betrayed.

Therefore, we pray you, Christ, forgive;  
so wen our wanderings here shall cease,  
we may with you forever live,  
in love and unity and peace.

## Psalm 51

℣ If we die with the Lord,\*  
℟ *We shall live with the Lord.*

Have mercy on me, O God,  
according to your steadfast love;  
according to your abundant mercy  
blot out my transgressions.  
Wash me thoroughly from my iniquity,  
and cleanse me from my sin.

For I know my transgressions,  
and my sin is ever before me.  
Against you, you alone, have I sinned,  
and done what is evil in your sight,  
so that you are justified in your sentence  
and blameless when you pass judgement.  
Indeed, I was born guilty,  
a sinner when my mother conceived me.

You desire truth in the inward being;  
therefore teach me wisdom in my secret heart.  
Purge me with hyssop, and I shall be clean;  
wash me, and I shall be whiter than snow.  
Let me hear joy and gladness;  
let the bones that you have crushed rejoice.  
Hide your face from my sins,  
and blot out all my iniquities.

Create in me a clean heart,  
O God, and put a new and right spirit within me.  
Do not cast me away from your presence,  
and do not take your holy spirit from me.  
Restore to me the joy of your salvation,  
and sustain in me a willing spirit.

Then I will teach transgressors your ways,  
and sinners will return to you.  
Deliver me from bloodshed, O God,  
O God of my salvation,  
and my tongue will sing aloud of your deliverance.

O Lord, open my lips,  
and my mouth will declare your praise.  
For you have no delight in sacrifice;  
if I were to give a burnt offering, you would not be pleased.  
The sacrifice acceptable to God is a broken spirit;  
a broken and contrite heart, O God, you will not despise.

Do good to Zion in your good pleasure;  
rebuild the walls of Jerusalem,  
then you will delight in right sacrifices,  
in burnt offerings and whole burnt offerings;  
then bulls will be offered on your altar.

*Ant:* If we die with the Lord, we shall live with the Lord.

## Psalm prayer

Let us pray,  
Abba, gracious Father,  
When King David repented before  
you at the warning of Nathan the prophet,  
you poured out on him  
the healing medicine of your forgiveness.  
By following David's example,  
give us a sincere and humble heart,  
that we may adore you in the Blessed Sacrament  
in season and out of season,  
to the honour of Christ our Lord.  
Amen

## Reading

From the Prophet Ezekiel:

Then he said to me, "Prophecy to these bones, and say to them: O dry bones, hear the word of the LORD. Thus says the Lord GOD to these bones: I will cause breath to enter you, and you shall live. I will lay sinews on you, and will cause flesh to come upon you, and cover you with skin, and put breath in you, and you shall live; and you shall know that I am the LORD."

## Response

℣ I will put my breath in you  
℟ *And bring you back to life.*

## Canticle

℣ The blood of Jesus, God's Son,  
℟ *cleanses us from all sin.*

You are worthy, our Lord and God,  
to receive glory and honour and power,  
for you created all things,  
and by your will they existed and were created.

You are worthy to take the scroll  
and to open its seals,  
for you were slaughtered and by your blood you ransomed for God  
saints from every tribe and language and people and nation;  
you have made them to be a kingdom and priests serving our God,  
and they will reign on earth.

Worthy is the Lamb that was slaughtered  
to receive power and wealth and wisdom and might  
and honor and glory and blessing!

The blood of Jesus, God's Son, cleanses us from all sin.

## Act of dedication to Christ

℣ Lord Jesus Christ, Redeemer of the world, you were lifted up on the cross so that  
everyone who believes in you might have eternal life.  
℟ *Praise to you, Lord Jesus Christ.*

℣ By the power of your wisdom and might, draw everyone who believes in you and  
everyone who does not believe in you working in the seven sacraments of your holy  
Church.  
℟ *Praise to you, Lord Jesus Christ.*

℣ Draw all nations and people to the foot of the cross by the intercession of the Virgin  
Mary, St Mary Magdalene and the beloved disciple, who stood near you as you died.  
℟ *Praise to you, Lord Jesus Christ.*

℣ Make the earth resound from pole to pole with a single cry: Praise to the Divine Heart  
that gained our salvation; glory and honour be his for ever and ever! Amen!  
℟ *Praise to you, Lord Jesus Christ.*

## The Lord's Prayer

℣ Lord, have mercy.  
℟ *Christ, have mercy. Lord, have mercy.*  
Our Father who art in heaven...

## Lenten Litany

℣ For the peace of Christ in the kingdom of Christ:  
℟ *Lord, hear our prayer.*  
℣ For true faith, undying hope and genuine love:  
℟ *Lord, hear our prayer.*  
℣ For those who need our care and assistance:  
℟ *Lord, hear our prayer.*  
℣ For the heavily burdened and afflicted:  
℟ *Lord, hear our prayer.*  
℣ For the sick of mind and body:  
℟ *Lord, hear our prayer.*  
℣ For the friendless and abandoned:  
℟ *Lord, hear our prayer.*  
℣ For our beloved dead who died in the Lord:  
℟ *Lord, hear our prayer.*  
℣ For our own private intentions:  
℣ Lord, hear our prayer.  
℣ By the prayers of the great Mother of God, Mary most holy, and of all the saints in glory:  
℟ *Lord, hear our prayer.*

Lord Jesus Christ,  
friend of the human race,  
you shed your precious blood for us on the cross  
and renew this offering without ceasing on our altars.  
Remember us in all our needs,  
save us from the time of trial,  
and deliver us from the evil one.  
Who live and reign for ever and ever.  
Amen,

℣ Blessed be Jesus in the Most Holy Sacrament of the Altar,  
℟ *now and always and for ever and ever! Amen.*

## The Divine Praises

Blessed be God.  
Blessed be His Holy Name.  
Blessed be Jesus Christ, true God and true Man.  
Blessed be the Name of Jesus.  
Blessed be His Most Sacred Heart.  
Blessed be His Most Precious Blood.  
Blessed be Jesus in the Most Holy Sacrament of the Altar.  
Blessed be the Holy Spirit, the Paraclete.  
Blessed be the great Mother of God, Mary most Holy.  
Blessed be her Holy and Immaculate Conception.  
Blessed be her Glorious Assumption.  
Blessed be the name of Mary, Virgin and Mother.  
Blessed be St. Joseph, her most chaste spouse.  
Blessed be God in His Angels and in His Saints. Amen.

Lord Jesus Christ  
you gave us the Eucharist  
as the memorial of your suffering and death.  
May our worship of this sacrament of your body and blood  
help us to experience the salvation you won for us  
and the peace of your kingdom  
where you live with the Father,  
in the unity of the Holy Spirit,  
one God for ever and ever.  
Amen.



